The Golden Chest, Part 1

Session 6

90 min.
including

TIME







WARMUP: STOP AND GO – LIKE DETECTIVES

This will happen:	Everyone goes into the room, listens to instructions, practises being detectives.
Materials needed:	
Preparations in advance:	
Preparations:	Possibly clear the room.
The space looks like this:	Open space.

GUIDANCE:

- Everyone finds a place in the room where there is no one else. Explain that they should immediately start
 walking, and that they must listen as they go, because they will get instructions along the way. Tell them
 to start walking.
- 2. Focus on them walking alone, with space around them, filling up spaces in the room, relaxing their shoulders, dropping their hands down, looking forward and smiling at each other.
- **3.** Then tell them to stop when they hear "Stop" and start when they hear "Go". Try it a few times. Get everyone to stop and start at the same time, reacting quickly.
- **4.** Ask how a detective moves? Have students try this out for themselves. Give a few more hints and ideas they can try out to become more like detectives (for example, go silent, sneak up, stay still.)
- **5.** Ask students to think about yesterday and the words they collected as a detective. When they hear "Go", they are going to make a sound/say a word they have written down and make a movement that fits the word. At "Stop", they are going to be completely silent.
- **6.** Transition to the main activity. At stop, ask them to collect their sound catcher books and lie down in a circle on the floor.

TIP: HOW TO MAKE IT OBVIOUS THAT EVERYONE SHOULD PARTICIPATE

All adults, except the one who gives the instructions, should take part in the exercise with the students. No one is an observer.

REFLEXIÓ: INTERJÚ ÉS KÉZFOGÁS KÖRBEN

This will happen:	Interview each other in pairs about two things from the session. Remember the other person's answer. Gather in a circle. Share from the interviews. Hand squeezes are sent through the circle.
Materials needed:	Sound catcher books and pencil/pen.
Preparations in advance:	
Preparations:	
The space looks like this:	Open space.

GUIDANCE:

- **1.** Encourage students to 'act out' the interview situation as detectives in an interrogation when they do this task. They can use their sound catcher books to write down the answers (keywords only).
- 2. Ask students questions about what happened today. Agree on 2 questions, before the students pair up.
- **3.** In pairs: one person should interview the other. Ask two questions, then switch. Write down words from the answers in the sound catcher books to remember.
- **4.** In a circle, everyone holds hands. Invite students who have not yet had a chance to speak, to share what their partner said in the interview. An adult sends several gentle hand squeezes around the circle in both directions (Game:Pass the Pulse). When they have returned, the session ends with a thank you for good work on Theme 4, and with brief information about continuation in Theme 5.

TIP: TO GET A CALM, COMFORTABLE ATMOSPHERE IN THE LAST PART OF REFLECTION

Pin: Once the circle is formed, ask everyone to open their magical ears and listen together, and drop a pin on the floor. When everyone hears it fall (requires calm), switch to hearing answers from the interviews.

Whispering instructor: Speak very quietly, almost whispering in the circle (requires calm and focus).

NOTES

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MAIN ACTIVITY: GOLD PAPER AND LIARS CIRCLE

This will happen:	Students transfer the words they have found to gold paper and place them in the Golden Chest. Preparing for the next topic, students form a circle where everyone will say something that is not true about themselves.	
Materials needed:	Sound catcher books, gold paper, Golden Chest, markers that write clearly on the gold paper, possibly scissors.	
Preparations in advance:	Possibly cut gold sheets into strips (or students can do so).	
Preparations:		
The space looks like this:	Classroom where students can sit and work, as well as stand in a circle.	

GUIDANCE:

Part 1: Gold paper

- 1. Hand out sound catcher books, gold paper, scissors, and markers.
- 2. Explain that they will now take the words they have gathered in their books, write them on gold paper and transfer them to the Golden Chest. Let students sit somewhere quiet to write.
- 3. Additional instructions: students can also write down words from the reflection yesterday and the warm-up today. Once the words are transferred to gold paper, they are cut out. Students can put them in the Golden Chest when they're finished. They can work in their groups from the previous day to help each other.

Part 2: Liar's Circle

- 1. Gather in a circle: Explain the task and provide an example: each person (student and adult) says their name and one thing about themselves that is a lie (for example, "my name is Svend, and I have flown to the moon").
- 2. Everyone answers, "Huh? Is it true?" The person who lies says, "Yes!" Then on to the next person.
- 3. They can do this twice if the exercise is fruitful.

EXTRA TASK:

How many words in total has the class collected in the Golden Chest?

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