

Habitat

Session 3-4

TIME

90 min.
including
break



Art of learning

THEME
20



WARM-UP: RHYTHMIC COUNTING

This will happen:	Rhythmic counting.
Materials needed:	
Preparations in advance:	Practise the rhythms until they are committed to memory (see film in resources).
Preparations in the space:	
The space looks like this:	A suitable place outdoors in the local areas.

GUIDANCE:
 Students stand (or sit on benches/chairs) and they pat their own thighs with their hands.
 The adult introduces a rhythm with 8 beats, where the 8th beat is silent (hands up style, "hands up"). The students repeat this.
 Repeat each rhythm at least 4 times before introducing another.
 Rhythm 1: X X X X X X X - (pat thighs x 7, hands up (quietly) on 8)
 Rhythm 2: X * X * X * X - (pat thighs, clap hands every other time x 7, hands up (quietly) on 8)
 Rhythm 3: X * = X * = X - (pat thighs, clap hands, click fingers 3 times x 7, hands up (quietly) on 8)
 Rhythm 4: X α X * X α X - (pat thighs, pat opposite thighs (crossing hands), pat thighs, clap hands x 2 (minus clap 2nd time), hands up (silent) on 8)
 Increased difficulty: Complete a complete series, where rhythms 1-4 follow each other 2 times each and can be endlessly repeated.
 Increased difficulty: Gradually increase the pace.
 Increased difficulty: Adult (only) keeps the beat and marks all beats 1-7 and is silent on 8. The students repeat the series on their own.

PHOTO REFLECTION: PROUD OF, LEARNED OR WANT TO REMEMBER

This will happen:	The students take a photo of something they are proud of, have learned today or that they will remember. They share their photo and a sentence about it in the reflection (or in their group).
Materials needed:	Digital tablet or camera, one for each group (students to share). Alternatively, a cardboard picture frame which students use to take a mental picture (See T2001 in resource bank).
Preparations in advance:	Check the digital tablets can withstand the temperature. Alternatively, make cardboard picture frames (See T2001 in Resource Pack) to take mental pictures.
Preparations in the space:	
The space looks like this:	Outside (but the session finishes inside).

GUIDANCE:

- Each student should take a photo from today's session of something they are proud of, have learned today or that they will remember after today. Give them time to think.
- Students who are ready use a digital tablet, camera, take a picture and return. Or they use a cut-out cardboard picture frame to take a mental picture.
- When all the students have completed the task, everyone gathers (either in groups or the whole class) to share their photos and a sentence about what they took and why.

NOTES

Blank area for notes.

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PROPOSALS FOR MAIN ACTIVITIES

Continue outdoor activities:

- Continue to build shelter.
- Learn to make a fire.
- Chop wood.
- Make campfire food.
- Practise putting nails in rough wood.

Explore:

- Which animals live in nature around them? How do they live in winter? What do they need from their 'homes' so that they are safe places to live (hiding place, shelter from the elements, food storage, etc.).
- Look for animal tracks. Guess which animals made the tracks, track signs overview for winter (see T2003-4 Track signs fortune teller (resource bank) and T2003-4 Track footprint poster (resource bank)).
- If you can access a wildlife camera, set it up and discover if there have been any night time visitors in the area.
- Guerrilla naming of trees: Use plastic pockets or laminated sheets, attach them to trees and other plants in the immediate area with rope. Photograph the named trees.
- Work with 'Sustainability Goal 11: Sustainable Cities and Local Communities', through, for example, books and materials from the following websites:
<https://www.un.org/sustainabledevelopment/wp-content/uploads/2023/02/SDG-BookClub-Reading-Catalogue-website.pdf>

un.org



<https://en.unesco.org/themes/education/sdgs/material/11#:~:text=A%20sustainable%20city%20is%20one,harmony%20with%20their%20surrounding%20nature>

en.unesco.org



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